



# MAPLE Greenhouses & GARDEN MARKET



## Jade Cross Brussels Sprout

*Brassica oleracea* var. *gemmifera* 'Jade Cross'

Height: 28 inches

Spread: 18 inches

Spacing: 24 inches

Sunlight: ☉

Hardiness Zone: (annual)

### Description:

A lovely compact, early maturing variety that produces self supporting stems full of delicious sprouts; high yields of small, sweet and crunchy sprouts, perfect for sautéing, baking, or try them roasted along with bacon

### Edible Qualities

Jade Cross Brussels Sprout is an annual vegetable plant that is commonly grown for its edible qualities. The small round dark green tightly-wrapped heads of foliage are usually harvested from early to late fall. The heads have a sweet taste and a crunchy texture.

The heads are most often used in the following ways:

- Eating When Cooked/Prepared
- Cooking
- Baking

### Planting & Growing

Jade Cross Brussels Sprout will grow to be about 28 inches tall at maturity, with a spread of 18 inches. When planted in rows, individual plants should be spaced approximately 24 inches apart. This fast-growing vegetable plant is an annual, which means that it will grow for one season in your garden and then die after producing a crop.



*Jade Cross Brussels Sprout fruit*  
Photo courtesy of NetPS Plant Finder



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This plant is typically grown in a designated vegetable garden. It should only be grown in full sunlight. It does best in average conditions that are neither too wet nor too dry, and is very intolerant of standing water. It is not particular as to soil pH, but grows best in rich soils. It is somewhat tolerant of urban pollution. Consider applying a thick mulch around the root zone over the growing season to conserve soil moisture. This is a selected variety of a species not originally from North America.